

Packing Checklist for Vacation

Packing for vacation can be overwhelming. And no matter what, it always feels like you're forgetting something. Help ease your mind with a go-to packing list that has common essentials listed.

Don't forget the important things

All Trip Types

Travel Essentials

- Travel Guard policy number and phone number
- Passport/Visa
- Tickets (plane, train, bus etc.)
- Reservation confirmations
- Wallet (cash, credit cards, ID)
- Phone and charger

Toiletries

- Toothbrush and toothpaste
- Shampoo and conditioner
- Body wash/soap
- Deodorant
- Hairbrush

- Shaving needs
- Skincare products
- Contact lenses and solution
- Makeup and makeup remover
- Feminine hygiene products

Health and Safety

- Prescription medications
- Over the counter medications
- First aid kit
- Hand sanitizer
- Face masks
- Insect repellent
- Vaccination certificates (if required)

Electronics

- Phone and charger
- Laptop/tablet and charger
- Headphones or earbuds
- Camera and accessories
- Portable charger
- Universal power adapter

Airplane comfort

- Travel pillow
- Eye mask
- Ear plugs
- Travel blanket
- Compression socks



Tips For Packing

- ✓ Make a copy of this packing list and check items as you pack
- ✓ Use packing cubes to keep items organized
- ✓ Keep essential items in your carry-on bag
- ✓ Roll clothes to save space and reduce wrinkles
- ✓ Pack a Travel Guard travel insurance plan to travel more confidently



Specific Trip Types

Beach Necessities



- Sunscreen
- Bathing suit
- Cover up
- Flip flops/sandals
- Sunglasses
- Hat
- Beach bag
- Aloe Vera/after-sun lotion

Family Trips



- Baby wipes and diapers
- Snacks and drinks for travel
- Entertainment devices (tablets, headphones)
- Stroller and carrier
- Toys or games for child entertainment
- Child car seat
- Family travel documents (passports, tickets, insurance)

Outdoor and Adventure



- Hiking boots
- Backpack
- Camping needs (tent, sleeping bag, flash light)
- Insect repellent
- Fire starter (matches, lighter or flint)
- Food, snacks and hydration
- Portable power bank

Cold-Climate Travels



- Heavy jacket
- Gloves
- Scarf
- Warm hat
- Thermal underwear
- Thick socks
- Hand warmers

Pack a Travel Guard travel insurance plan:

<https://www.travelguard.com/travel-insurance/trip-types>

Travel Guard meets the diverse needs of leisure and corporate travelers alike through its comprehensive portfolio of travel insurance plans and assistance services as well as a network of experienced providers. With global service centers placed strategically around the globe, our 24/7 multilingual team is always just a phone call away and ready to assist when our customers experience travel issues – from lost luggage or minor travel inconveniences to medical emergencies or life-threatening events. We help customers recover from travel disruptions and enjoy their journeys knowing Travel Guard has their back every step of the way. Learn more at www.travelguard.com, and follow us on [Facebook](#), [Instagram](#) and [LinkedIn](#).