

Travel Guard[®]

DIGITAL SAFETY WHILE TRAVELING

Technology can be extremely helpful, but it comes with its own unique set of risks, especially when traveling. Here are some simple tips to help you maintain the security and privacy of your devices and accounts when you're away from home.



How can you help secure your devices before traveling?

- ✔ Update your software and ensure your device has all the latest security updates.
- ✔ Only take clean digital devices with limited sensitive or personal data.
- ✔ Do your research - some countries have strict regulations around what is considered acceptable content. Ensure your social media, browser history and downloaded apps won't cause an issue.
- ✔ Lock your devices - ensure you've set up unique, complex passwords, PINs or biometric locks on your devices, and consider enabling two-factor authentication, where possible.
- ✔ Back up important data files to a secure cloud service or external drive.

What are best practices for using social media abroad?

Be cautious when posting online. Sharing too much information can make it easier for criminals and social hackers to track you down.

- ✔ Never post photos of your boarding pass or travel documents.
- ✔ Only post information or photos on a destination after you have moved on.
- ✔ Avoid taking pictures of government or military buildings and pay attention to signage.
- ✔ Ask your friends not to tag you in their pictures.

Is free Wi-Fi ok to use?

Not really, free Wi-Fi networks are easily hacked and should be avoided where possible.

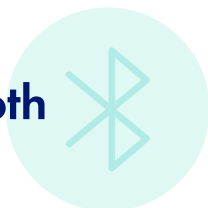
- ✔ If you need to use free Wi-Fi, avoid logging into sensitive accounts, like your banking app.
- ✔ Consider using a Virtual Private Network (VPN). VPNs encrypt your internet connection, protecting your data.



Tips for keeping your devices secure:

- ✔ Avoid public USB charging stations, these can be risky. Instead, use your own charger and adapter.
- ✔ Keep your devices safe in your bag when you're not using them and never leave them unattended.
- ✔ Activate tracking features (like Find My Device) so you can locate your device if needed.
- ✔ If your device is stolen report it immediately to local authorities and your service provider and remember to remotely lock or wipe your device.

What about Bluetooth connections?



Be cautious when managing your connections and remember to remove lost or stolen devices from your paired list.

- ✔ Disable automatic connection on all of your devices.
- ✔ If you connect to a rental car, don't allow it to download your contacts and remember to unpair when you hand the car back.

What about when I get home?

When you return from your travels, take these steps to help ensure continued digital security:

- ✔ Review your account activity for any suspicious activity and if you find anything report it immediately.
- ✔ Consider changing your passwords for accounts you accessed during your trip.
- ✔ Run antivirus and security scans on your devices to identify potential threats.

Traveling can expose you to heightened digital security risks, including identity theft, cyberattacks, and data breaches. By securing your devices, protecting your online presence, and being cautious with public networks, you can help safeguard your personal information and enjoy your travels.

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