

Experiencing the nightlife in a city abroad can be exhilarating and fun. Follow these basic safety tips so you can go out with confidence.

- If you plan to go out drinking, use a buddy system, have a designated sober friend in the group, and always stay together.
- Set a meeting point in case someone gets separated from the group.
- Understand local alcohol laws, such as the drinking age and open-container rules.
- In some locations, counterfeit spirits which can be contaminated with methanol are prevalent. In these destinations, it is best to avoid liquor.
- Before you go out, make sure your phone is fully charged, and you have everyone's telephone number consider creating a group chat so you can easily stay in touch during the night.
- Know local emergency telephone numbers for police, fire and ambulance services.
- If you need cash from the ATM draw it out in advance during the daytime.

- Carrying a personal alarm or emergency whistle is a good idea.
- Be careful about how much you drink and never leave your drink unattended or accept a drink from a stranger.
- Avoid sharing too much personal information with strangers, including accommodations, school information and your full name, and be careful when meeting new people in general.
- Stay alert avoid looking down at your phone or wearing headphones when walking, be aware of your surroundings and keep an eye out for suspicious behavior or strangers unexpectedly approaching you.
- Pre-book a licensed taxi home share your location and driver details with your group.
- Confirm your driver's identity and credentials before getting into the vehicle.

Following these tips, connecting with locals and researching your destination thoroughly can help you stay safe while enjoying the nightlife abroad.

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